

## NCAA-NFHS/MIAA RULE COMPARISON 2025

	NFHS/MIAA	NCAA
1	Goal mouth	No goal mouth
2	Dive rule on shot	No diving into crease. Violation if offensive player lands in crease and no goal
3	Penalty for line continuity violation	If not corrected - Technical foul. Award ball to visitors at start of game
4	Mercy rule	Running time in 4th Qtr if lead is 12 or more
5	Eye shade	1" x 1" under eyes
	*Helmet coming off	Stop play immediately unless shot in progress. Player must leave field until next dead ball
6	Chin straps and equipment	Chin straps must be buttoned and equipment worn properly - 1 minute NR
7	Illegal stick	All violations are 2 minute NR. Corrected stick can return to game
23	Tape on faceoff stick	Contrasting color tape on top of shaft and continue to 3.5" down
8	Video Review and Coaches Challenge	Not allowed
9	*Faceoff violation by Team B	No limit
10	*Positioning sticks during face off	Allowed after "down" signal. If done repeatedly, faceoff violation.
11	Goalie out of crease on stoppage	Goalie gets 5 seconds to return to crease
12	Players within 5 yards of restart	Offensive players need to be 5 yards away from ball carrier. Defensive players can be within 5 yards, but can not impede offensive player from direct path to goal
13	Stoppage with ball in attack area	Offensive restart - outside attack area except for end line OOB or offensive. Defensive restart - in goal area technical/defense possession
14	Shot clock	None
15	Stalling	"Get it in" and "Keep it in"
16	Stalling during penalty situations	Can be issued in both man up and man down situations
17	Stalling - last 2 minutes of 4th qtr	Automatic if team is a head by 4 goals or less
18	Clearing counts and shot clock	No shot clock. 20 seconds to cross midfield and 10 seconds to enter attack area
19	Over and back	After the ball enters offensive attack area on the 10 second count
20	Second NR USC foul (same person)	Usual penalty is assessed
21	Checks to head and neck	1:00 NR if deemed "indirect contact". 2:00 NR if deemed "direct". 3:00 NR or expulsion if deemed "excessive or "flagrant"
22	Spearing intentionally, Defenseless position check intentionally, Targeting head or neck	3 minute NR penalty, possible ejection
24	Loose ball personal foul	Flag down/immediate whistle
25	End of flag down	Play continues until any of the usual conditions for stopping play occurs, the defense gains possession or second defensive foul unless scoring playing is in progress
26	Flag down; loose ball foul by defense	Second flag down can stop play unless scoring play is in progress
27	Timeouts	Live ball: can be called by offense anywhere on the field. Dead ball: either team can call
28	Ball in back of head not on faceoff	Illegal if carried beyond 1 step
29	Ejection	Player - 3 minutes. Coach - 1 minute
30	Fouling out	If a player accumulates 5 personal foul minutes
31	Non-goalie in crease	Only properly equipped goalkeeper in goal. First offense time serving technical foul. Additional violations - releasable 1 minute unsportsmanlike

\* 2025 rule changes

Can download the NCAA rule book at <https://www.ncaapublications.com/p-4667-2023-and-2024-mens-lacrosse-rules-book-online-only.aspx>